# FAMILY RETREAT



# FREQUENTLY ASKED QUESTIONS

### 1. What is Refined Heart (RH)?

Refined Heart NFP, established in 2014, is dedicated to personal, spiritual and educational development based on teachings present in the Qur'an and tradition of the Prophet Muhammad علية Programming geared toward students, professionals, and families has effectuated positive changes in the lives of many. Since its inception, Refined Heart has been conducting regular gatherings of remembrance, educational workshops, spiritual retreats, and other community-based events in the metro-Detroit area. Please visit our website (www.refinedheart.com) to learn more and sign up for communications from the organization

#### 2. What will the schedule be like?

The schedule will revolve around the daily prayers and include lessons, reminders and guided periods of worship (e.g quran, dhikr). Although it will not be the focus of the retreat, there will also be opportunities to relax and enjoy recreational activities both with age/gender matched groups and families,.

#### 3. What are important dates/timelines to be aware of:

Applications open: May 15, 2023

o Application Deadline: May 31, 2023

- Applicants informed whether they are accepted by June 15
- Registrations/Payments due 1 week after acceptance letters received
- o Preparation Attendees to complete short pre-trip curriculum/quizzes: July to Aug
- o Retreat: Aug 24-27

#### 4. What is included in the price?

Lodging, meals and all activities are included in the price. Participants will only need to bring their belongings and a few other items. A list will be sent to registrants.

#### 5. What if I can't afford the whole price?

No one will be turned away due to lack of funds. Anyone with extenuating circumstances can reach out to us to discuss.

#### 6. How will families be housed?

Families will be individually housed in camp style cabins with bunk-beds and a simple private bathroom (see images).





## 7. Do I need to attend the whole time? Can I just come for the weekend?

All participants must be able to attend the whole retreat. To assure smooth programming, we expect everyone to arrive 10 AM Thursday August, 24, and stay until 3 PM on Sunday, August 27.